

TRANSCULTURAL NURSING & HEALTH CARE CONSULTING SERVICES

TRANSCULTURAL NURSING EDUCATION PROGRAM 2014/2016

LED BY

DR AKRAM OMERI

*“We did not all come over on the same ship,
But we are all in the same boat.”*

Bernard Baruch

Australia is one of the most diverse cultural and linguistic societies with people drawn from over 220 nations, speaking more than 80 languages and practising many diverse religions reflected in their lifeway practices. Australia’s multiculturalism imposes or creates ethical and legal responsibilities and obligations towards meeting the diverse cultural and linguistic health needs of all Australians. To be effective in meeting the health care needs of this diverse population health professionals, such as nurses, need to inform their health care practices with transcultural insights and knowledge in order to deliver culturally safe, congruent, competent and sensitive care for individuals, groups, communities and organizations.

Topics are offered from which health care professionals especially nurses, health care organizations, academics in nursing and other health sciences may select according to need. While the entire program aims to provide comprehensive knowledge and understanding of transcultural practice, as each session is complete in itself, sessions may be selected according to local needs.

Who should attend? Topics are suited to registered nurses practising in diverse care settings, and those involved in research also academics supervising or mentoring research in transcultural nursing with local or overseas nurses studying in Australian universities.

The program is particularly useful for those nurses who wish to qualify as certified as Transcultural Nursing Practitioners and to other health care practitioners planning to use Culture Care Theory with Ethnonursing research methods.

Sessions are modified according to local needs and conducted in interactive mode in small groups, minimum of 10 maximum of twenty.

Attendance Certificates: listing hours and topic attended are provided.

Presenter: Dr Akram Omeri, OAM, PhD, RN, BSN, MN, CTN-A, FACN

Transcultural Nursing & Health Care Consulting Services www.transculturalnursingandhcc.com.au:
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PROGRAM OUTLINE 2014-2016

A minimum of 10 registrants is required for a session. All sessions are full days, 9am-4pm.

NURSES WISHING TO BECOME CERTIFIED TRANSCULTURAL NURSING PRACTITIONERS ARE ADVISED TO COMPLETE TOPICS TCN 1-6 TO MEET THE PARTIAL REQUIREMENTS OF TCN CERTIFICATION (TCNC) AND TO PREPARE FOR TCNCC EXAMINATION.

Transcultural nursing certification is only available from the TCNCC in the USA.

TOPIC
TCN 1: Transcultural nursing. What it is! Click on the title to view content
TCN 2: Certification in Transcultural Nursing: the way forward.... Click on the title to view content
TCN 3: Culture-Care Diversity and Universality: A Worldwide Nursing Theory Click on the title to view content
TCN 4: Researching Refugees: A Transcultural Perspective, informing practices Click on the title to view content
TCN 5: Transcultural Communication: Significance of Language and Culture Care Click on the title to view content
TCN 6: Connecting Culturally Competent Standards Click on the title to view content
TCN 7: Workshop: Developing cultural competencies relevant to area/s of practice. Human rights and the importance of culturally competent care. Click on the title to view content

Presenter: Dr Akram Omeri OAM PhD, RN, CTN-A, FACN

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Fees: **Consultancy/Teaching/Research and Supervision** are based upon a joint contractual agreement between the sponsoring organization and Dr Omeri, Director of TCN and Health Care Consulting Services, and will vary according to the number of participants and days and the nature of presentations.

Location: Sponsoring organization

PROGRAM CONTENT

TCN 1: TRANSCULTURAL NURSING, WHAT IT IS:

An introductory one day workshop/lecture and discussion.

In the context of transcultural insights the interface between the individual, culture, health and environmental issues will be examined. Changes in ways health professionals provide care to accommodate global and local needs of individual clients, families, groups, communities and institutions in diverse life contexts/or from culturally diverse backgrounds will be discussed.

Participants will be introduced to transcultural philosophy and concepts and be able to discuss and analyze factors underpinning the evolution of nursing and health care policy directions in Australia..

Recommended for health professionals in teaching and research in order to inform practice/s in diverse care settings, also those who wish to gain an understanding of what transcultural practice is and how it applies in practice.

TCN 2: CERTIFICATION IN TRANSCULTURAL NURSING:

This one day interactive workshop/consultation/discussion designed to prepare eligible nurses for certification by the Transcultural Nursing Certification Commission (TCNCC). as transculturally competent nurses.

Certification validates a nurse's ability to provide culturally competent and congruent care to clients, families, communities, and organizations.

In this workshop participants will be provided with essential application documents, prepared for the examination, provided with additional readings and supported in the application process.

Recommended for: nurses with advanced nursing and health care experiences in teaching, research and practice in culturally and linguistically diverse setting and who meet the eligibility criteria.

To be eligible for this workshop, participants must:

- hold current, active, unrestricted RN license in the USA or the professional, legally recognized equivalent in another country, and
- be currently employed or self-employed in nursing, either full or part-time, at the time of application.

Information on the examination (CTN-B Examination guide) and eligibility criteria is available from Transcultural Nursing Society Certification Commission www.tcns.org

TCN 3: LEININGER'S CULTURE-CARE DIVERSITY AND UNIVERSALITY AND ETHNONURSING RESEARCH METHODS:

This one day lecture/presentation and workshop will include an overview of the theory of Culture-Care Diversity and Universality and the meaning of 'culture-specific' and 'culture-universal' nursing care. Participants will have the opportunity to apply the principles of the Theory of Culture-Care Diversity and Universality to designated lifelike scenarios as a basis for conducting culture care assessments.

The concepts of cultural competence, cultural congruence, culturally congruent care will be defined to enable participants to assess the impact and influence that cultural values and beliefs have on care.

Recommended for nurses, especially those intending to prepare for certification in transcultural nursing and researchers intending to use the theory in conjunction with ethnonursing method.

TCN 4: BIRTH OF TRANSCULTURAL NURSING TO CURRENT THEORIES & MODELS IN MANAGING DIVERSITY:

This one day lecture/discussion will include an overview of a number of models which are currently used in addressing diversity in nursing and health care. These include; Campinha-Bacote, The Process of Cultural Competency in the Delivery of Healthcare Services; Giger and Davidhizar, Transcultural Assessment Model and Purnell and Paulanka Model of Cultural Competence.

The session will include a discussion on the principles of multiculturalism and related policies (inclusive) in the context of Australia and these policies impact in nursing and healthcare National Nursing Standards (AHPN)

Appropriate readings will be provided following registration

TCN 5: RESEARCHING REFUGEES: A TRANSCULTURAL PERSPECTIVE, INFORMING PRACTICE/S:

This one day presentation and workshop aims to assist those planning or preparing to undertake research with refugees and asylum seekers. The aim is to shape research practice with a culturally informed research methodology.

Ethnonursing research method and enablers is the methodology of choice to discover, describe and accurately interpret emic and etic embedded, complex, and diverse culture care factors in the discovery of culture-care knowledge.

Specifically the application of the Sunrise model enabler will be discussed as a conceptual guide; the application of ethnonursing research method and enablers will be demonstrated. Ethical issues in researching refugees will also be addressed.

Recommended for: all nurses and health care professionals intending to undertake research with refugees. It is also recommended for those nurses preparing to become certified as transcultural nurses.

TCN 6: TCN COMMUNICATION: SIGNIFICANCE OF LANGUAGE IN TRANSCULTURAL NURSING RESEARCH AND IN CARING FOR PEOPLE FROM CULTURALLY AND LINGUISTICALLY DIVERSE BACKGROUNDS.

This workshop/lecture/discussion aims to bring shared evidence-based knowledge relating to the use of appropriate language skills and culture understanding together. This knowledge assists and improves research with people from culturally and linguistically diverse backgrounds including refugees, asylum seekers and Indigenous people. It eases communication; raises the credibility of research findings and improves its application in nursing and health care practice. It also extends understanding of health care interpreters in action - how to find and use them and to appreciate ethical issues in interpreting.

Recommended for nurses, practising in diverse settings and others conducting or planning to conduct research with refugees, asylum seekers or others from culturally and linguistic diverse backgrounds.

TCN 7: SETTING THE STANDARDS: FOR CULTURALLY CONGRUENT AND COMPETENT CARE IN NURSING AND HEALTH CARE:

Disparities in the health and wellbeing of different groups has been the topic of discussion by nursing and health care professions and organizations for some time and cultural incompetence has been identified to contribute to this state of affairs (Cross et al., 1989).

Cultural competencies ensure that services/care is: safe, effective, patient-centred, timely, efficient and equitable. They also assist in achieving equal utilization, equal access to culturally appropriate care, equal quality of care and equal outcomes.

The aim of this session is to examine existing Cultural Competencies relating to nursing and midwifery in Australia prepared by Nursing and Midwifery Board of Australia (NMBA), and to reframe cultural competencies specific to our individual or group practice settings with a focus on generic/folk/and emic perspective of diverse cultural values and beliefs in an interactive workshop.

Recommended for: nurses especially those intending to prepare for certification in transcultural nursing.

APPLICATIONS FOR TCN EDUCATION

The complete course of TCN education as outlined above, or selected sessions, are available and delivered to groups in their work places by arrangement.

A minimum of 10 registrants is required for a session.

All sessions are full days, 9am-4pm.

FEES: Consultancy/Teaching/Research and Supervision are based upon a joint contractual agreement between the sponsoring organization and Dr Omeri, Director of TCN and Health Care Consulting Services, and will vary according to the number of participants and days and the nature of presentations.

APPLYING FOR TCN EDUCATION

Interested groups/organizations should contact Dr Omeri on
Akram.Omeri@gmail.com

LOCATION: Sponsoring organization, on site.

OVERSEAS APPLICANTS

International/overseas applicants may consult with Dr Omeri on
+61 403 761 488 or via email: Akram.Omeri@gmail.com.

CANCELLATION POLICY

Please be advised that:

Cancellations prior to two weeks of each session will receive a 50% refund of the total costs paid.

Cancellations within two weeks (less than 14 days) of each session will not be refunded.

Once payment is made, the registration form becomes a TAX INVOICE (ABN 50 760 187 587). Please retain a copy for your files.