

TRANSCULTURAL NURSING & HEALTH CARE CONSULTING SERVICES

ANNOUNCES

2012/2013 PROGRAM IN

TRANSCULTURAL NURSING

LED BY

DR AKRAM OMERI

**“We did not all come over on the same ship,
But we are all in the same boat.”**

Bernard Baruch

Australia is one of the most diverse cultural and linguistic societies with people drawn from over 220 of the world's nations, speaking more than 80 languages and many diverse religions reflected in their lifeway practices. Australia's multiculturalism imposes ethical and legal responsibilities and obligations towards meeting the diverse cultural and linguistic health needs of all Australians. To be effective in meeting the health care needs of this diverse population health professionals, such as nurses, need to inform their health care practices with transcultural insights in order to deliver culturally safe, congruent, competent and sensitive care for individuals, groups, communities and organizations.

Topics are offered from which health care professionals especially nurses, health care organizations, schools of nursing and other health sciences may select according to need. While the entire program aims to provide comprehensive knowledge and understanding of transcultural practice, as each session is complete in itself sessions may be selected according to local needs.

Who should attend? Topics are suited to registered nurses practising in diverse care settings, and those involved in research also academics supervising research in transcultural nursing, with local or overseas nurses studying in Australian universities.

Other health care practitioners planning to use culture care theory and ethnonursing research methods will benefit from selected topics

NURSES WISHING TO BECOME CERTIFIED AS TRANSCULTURAL NURSING PRACTITIONERS SHOULD COMPLETE TOPICS 1, 2, 3, 4, 5 AND 6 to meet Transcultural Nursing Certification Commission (TCNC) requirements in cultural diversity and promotion of cultural competence in preparation for the TCNCC examination.

Sessions are modified according to local needs and conducted in interactive mode in small groups, minimum of 10 maximum of twenty. Certificates of attendance listing hours and topic attended are provided.

Presenter: Dr Akram Omeri PhD, RN, BSN, MN, CTN-A, FRCNA

Transcultural Nursing & Health Care Consulting Services

www.transculturalnursingandhcc.com.au: 0403 761 488 Akram.Omeri@gmail.com

PROGRAM TIME-TABLE 2012

A minimum of 10 registrants is required for a session.

All sessions are full days – 9am-4pm.

Morning and afternoon tea will be provided.

2012	Topics
Apr-May 2012	N/A
June 2012	Due to increased demand by interested applicants from interstate and overseas, the month of June in 2012 and 2013 have been allocated for onsite courses in other States and territories and also overseas countries. Please contact Dr Akram Omeri for Bookings and time allocation.
20 July Friday 27 July Friday	TCN 1: Transcultural nursing. What it is! TCN History, philosophy and concepts. Please see further description...
21 July Saturday 28 July Saturday	TCN 2: Certification in Transcultural Nursing: the way forward.... For nurses intending to qualify as TCN practitioners: On becoming a Transcultural nurse...
3 August Friday 17 August Friday	TCN 3: Culture-Care Diversity and Universality: A Worldwide Nursing Theory Practical application of concepts and theory in diverse clinical settings and research Leininger (1970-2002); Leininger & McFarland (2002- 2006).
4 August Saturday 18 August Saturday	TCN 4: Researching Refugees: A Transcultural Perspective, informing practices... For researchers using culture care and ethnonursing research method. TCN 4: Researching Refugees: A Transcultural Perspective, informing practices .Omeri (1996); Omeri, Lennings & Raymond (2003).
11 August Saturday 25 August Saturday	TCN 5:Transcultural Communication: Significance of Language and Culture Care Language as key to cultural understandings: Expected knowledge and competence! Using Giger & Davidhizar Transcultural Assessment Model. 3 rd edn (1999) & Hall (1959).
7 Sept Friday 8 Sept Saturday	TCN 6: Connecting Culturally Competent Standards Review current cultural competence standards by the (NMBA) and examine their application in administration of: teaching, supervision of research students, and administration and practice in diverse care settings with a diverse workforce. The opportunity is provided to examine both the impact of CC Standards and generic/folk/emic perspectives when caring for cultures in diverse care settings. The objective is to renew standards applicable to practice domains to improve services and outcomes. Andrews & Boyle (2012); Camphinha-Bacote (2008); Leininger (1970-2010); Purnell & Paulanka (2006) and TCN Society- www.tcns.org
October	Not available: Overseas commitment
23 Nov Friday 24 Nov Saturday	TCN1, TCN2 (Repeats)
30 Nov Friday	Individual Consultation

PROGRAM TIME-TABLE 2013

A minimum of 10 registrants is required for a session.

All sessions are full days – 9am-4pm.

Morning and afternoon tea will be provided.

2013	Topic
22 February Friday	TCN 1: Transcultural nursing. What it is! TCN History, philosophy and concepts. Please see further description...
23 February Saturday	TCN 2: Certification in Transcultural Nursing: the way forward.... For nurses intending to qualify as TCN practitioners: On becoming a Transcultural nurse...
15 March Friday 22 March Friday	TCN 3: Culture-Care Diversity and Universality: A Worldwide Nursing Theory Practical application of concepts and theory in diverse clinical settings and in research Leininger (1970-2002); Leininger & McFarland (2002- 2006).
16 March Saturday 23 March Saturday	TCN 4: Researching Refugees: A Transcultural Perspective, informing nursing and health care practices... Developing a research proposal: Using ethnonursing research methods, interested applicants will be guided in the process of ethnonursing research methods. Relevant to their area of practice. Omeri (1996); Omeri, Lennings & Raymond (2003).
17 May Friday 24 May Friday	TCN 5: Transcultural Communication: Significance of Language and Culture Care Language as key to cultural understandings: Expected knowledge and competence! Using Giger & Davidhizar Transcultural Assessment Model 3 rd edn (1999); Hall (1959).
18 May Saturday 25 May Saturday	TCN 6: Connecting Culturally Competent Standards Review current cultural competence standards in Australia and examine their application in administration of: teaching, supervision of research students, and administration and practice in diverse care settings with a diverse workforce. The opportunity is provided to examine both the impact of CC Standards and generic/folk /emic perspectives when caring for cultures in diverse care settings. The objective is to renew standards applicable to practice domains to improve services and outcomes. Andrews & Boyle (2012); Camphinha-Bacote (2008); Leininger (1970-2010); Purnell & Paulanka (2006).
June 2013	Due to increased demand by interested applicants from interstate and overseas, the month of June in 2012 and 2013 have been allocated for onsite courses in other States and territories and also overseas countries. Please contact Dr Akram Omeri for Bookings and time allocation.
5 July Friday 6 July Saturday	TCN 7: Workshop on: <ul style="list-style-type: none"> • developing cultural competencies relevant to area/s of practice; • Human rights and culturally competent care....
9, 10 August Friday & Saturday	TCN 1: (Repeat): TCN 2: (Repeat)
6, 7 September Friday & Saturday	TCN 3: (Repeat); TCN 4: (Repeat)

TCN 1: TRANSCULTURAL NURSING, WHAT IT IS:

An introductory one day workshop.

Participants will be introduced to transcultural philosophy and concepts and be able to discuss and analyze factors underpinning the evolution of nursing and health care policy directions in Australia. Global and socio-political trends which have, and continue to necessitate new generations of health care professionals who are informed and able to provide culturally congruent care to individuals, families, groups, communities and organizations in respectful ways will be highlighted.

In the context of transcultural insights the interface between the individual, culture, health and environmental issues will be examined. Changes in ways health professionals provide care to accommodate global and local needs of individual clients, families, groups, communities and institutions in diverse life contexts/or from culturally diverse backgrounds will be discussed.

Recommended for health professionals in teaching and research in order to inform practice/s in diverse care settings, also those who wish to gain an understanding of what transcultural practice is and how it applies in practice. The session is highly recommended for nurses who aim to become a transcultural nurse generalist/specialist and are working towards certification in Transcultural nursing.

Fees: \$A350

Location: 14 Railway Parade, Burswood, NSW 2134

Dates: Please select suitable dates from the timetable attached

Presenter: Dr Akram Omeri PhD, RN, BSN, MN, CTN-A, FRCNA
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www.transculturalnursingandhcc.com.au

TCN 2: CERTIFICATION IN TRANSCULTURAL NURSING:

This one day interactive workshop/consultation is designed to prepare eligible nurses for certification by the Transcultural Nursing Certification Commission (TCNCC) as transculturally competent nurses. The purposes of transcultural nursing and certification are to:

- promote and maintain safe and culturally meaningful care with the aim of protecting individuals, groups and communities and
- recognize the expertise of transcultural nurses prepared to care for clients of diverse and similar background, provide quality-based standards of transcultural nursing practices.

Certification validates a nurse's ability to provide culturally competent and congruent care to clients, families, communities, and organizations.

Recommended for: nurses with advanced nursing and health care experiences in teaching, research and practice in culturally and linguistically diverse setting and who meet the eligibility criteria.

To be eligible for this workshop, participants must:

- hold current, active, unrestricted RN license in the USA or the professional, legally recognized equivalent in another country, and
- be currently employed or self-employed in nursing, either full or part-time, at the time of application (Communication received on 20/09/11 TCNS).

In this workshop participants will be provided with essential application documents, prepared for the examination, provided with additional readings and supported in the application process. Dr Omeri will assist with online processing of applications for those without online access.

Follow-up consultation (on an individual basis) re-application processing can be arranged via email with Dr Akram Omeri Akram.Omeri@gmail.com or by visiting Dr Omeri's web site www.drakramomeri.com for additional information

Information on the examination (CTN-B Examination guide) and eligibility criteria is available from Transcultural Nursing Society Certification Commission at www.tcns.org

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Fees: \$A250

Location: 14 Railway Parade, Burwood NSW 2134

Dates: Please select suitable dates from the timetable attached

TCN 3: CULTURE-CARE DIVERSITY AND UNIVERSALITY:

This one day lecture/presentation and workshop will include an overview of the theory of Culture-Care Diversity and Universality and the meaning of ‘culture-specific’ and ‘culture-universal’ nursing care will be discussed. Participants will have the opportunity to apply the principles of the Theory of Culture-Care Diversity and Universality to designated lifelike scenarios as a basis for conducting culture care assessments to discover culture care practices meaningful to clients, families, communities and organizations.

The concepts of cultural competence, cultural congruence, culturally congruent care will be defined to enable participants to assess the impact and influence that cultural values and beliefs have on care. The appropriateness of the theory will be demonstrated through evidenced-based transcultural nursing research and its implications for a diverse society discussed.

Recommended for nurses, especially those intending to prepare for certification in transcultural nursing and researchers intending to use the theory in conjunction with ethnographic method.

Presenter:

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Fees: \$A350

Location: 14 Railway Parade, Burwood NSW. 2134

Dates: Please select suitable dates from the timetable attached

TCN 4: RESEARCHING REFUGEES: A TRANSCULTURAL PERSPECTIVE, INFORMING PRACTICE/S:

This one day presentation and workshop aims to assist those planning or preparing to undertake research with refugees and asylum seekers. The aim is to inform the practice/s of research with a culturally informed research methodology.

Ethnonursing research method and enablers is the methodology of choice, to discover, describe and accurately interpret *emic* and *etic* embedded, complex, and diverse *culture care* factors in discovery of *culture-care* knowledge applicable in diverse practice settings. Specifically the application of the Sunrise model enabler will be discussed as a conceptual guide; the application of ethnonursing research method and enablers will be demonstrated. Ethical issues in researching refugees will also be addressed.

Recommended for all nurses and health care professionals intending to undertake research with refugees. It is also recommended for those nurses preparing to become certified as transcultural nurses.

Presenters:

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Fees: \$A350

Location: 14 Railway Parade, Burwood. NSW 2134

Dates: Please select suitable dates from the timetable attached

**TCN 5: TCN COMMUNICATION:
SIGNIFICANCE OF LANGUAGE IN TRANSCULTURAL NURSING RESEARCH AND
IN CARING FOR PEOPLE FROM CULTURALLY AND LINGUISTICALLY DIVERSE
BACKGROUNDS.**

Nurse anthropologists were first to describe the importance of language in care planning and Leininger (1970), the first nurse anthropologist who described the significance of language and culture in nursing, recognized the significance of cultural understanding through language. She described the importance of *emic* (insider views of culture) and *etic* (outsider views of culture).

Learning to speak a different language enriches culturally, intellectually and socially. It also means getting to know a certain culture and being able to communicate with members of this group more effectively. It is an ice-breaker to get an insider to the *emic* world of people and appreciation of cultures.

This workshop/lecture/discussion aims to bring shared evidence-based knowledge relating to the use of appropriate language skills and culture understanding together. Such knowledge will assist and improve research when researching people from culturally and linguistically diverse backgrounds including refugees and asylum seekers and Indigenous people. This knowledge will ease communication; raise the credibility of research findings and improve implementation in nursing and health care practice. It will also extend understanding of health care interpreters in action - how to find and use them and to appreciate ethical issues in interpreting.

Recommended for nurses practicing in diverse settings and others conducting or planning to conduct research with refugees, asylum seekers or others from culturally and linguistic diverse backgrounds.

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Fees: \$A350

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TCN 6: SETTING THE STANDARDS: FOR CULTURALLY CONGRUENT AND COMPETENT CARE IN NURSING AND HEALTH CARE:

Disparities in the health and wellbeing of different groups has been the topic of discussion by nursing and health care professions and organizations for some time and cultural incompetence has been identified to contribute to this state of affairs (Cross et al., 1989).

The pivotal 1989 monograph, *Toward a Culturally Competent System of Care*, defined cultural competence as a set of behaviours, attitudes, and knowledge in order to deal with inequalities and inequities leading to poor health care (Cross et al., 1989). Cultural competencies ensure that services/care is: safe, effective, patient-centred, timely, efficient and equitable. They also assist in achieving Equal utilization, Equal access to culturally appropriate care, Equal quality of care and Equal outcomes.

The aim of this session is to examine existing Cultural Competencies relating to nursing and midwifery in Australia prepared by Nursing and Midwifery Board of Australia (NMBA), and to reframe cultural competencies specific to our individual or group practice settings with a focus on generic/folk/and emic perspective of diverse cultural values and beliefs in an interactive workshop.

Recommended for: nurses, especially those intending to prepare for certification in transcultural nursing.

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Fees: \$A350

Location: 14 Railway Parade, Burwood. NSW 2134

Dates: Please select suitable dates from the attached timetable

POINTS TO CONSIDER WHEN REGISTERING:

- Complete and send/email your application (Registration form enclosed) form as soon as possible.
- A MINIMUM OF 10 REGISTRANTS IS REQUIRED FOR A SESSION. So, it is important to check with Dr Omeri on Akram.Omeri@gmail.com before proceeding with travel arrangements.
- Upon completion each participant will receive a Certificate of Completion of topic and hours attended in Transcultural Nursing studies.
- International/overseas applicants must consult with Dr Omeri on [+61 403 761 488](tel:+61403761488) prior to processing visa application or leave applications from appropriate organization.
- Upon confirmation of acceptance, you may proceed with travel arrangements.

Important Disclaimer

Please do not finalise travel or any other arrangements relating to this workshop/presentation until you have received a confirmation of registration from Dr A Omeri. Any costs incurred in making arrangements without previous confirmation is the sole responsibility of the registrant.

Payment must accompany the registration form to secure participation in the workshop/presentation.

Please be advised that:

Cancellations prior to two weeks of each session will receive a 50% refund of registration fee paid. Cancellations within two weeks (less than 14 days) of each session will not be refunded. Once payment made, this form becomes a TAX INVOICE (ABN 50 760 187 587). Please retain a copy for your file.

TRANSCULTURAL NURSING & HEALTH CARE CONSULTANCY
(ABN 50 760 187 587).

REGISTRATION FORM

Please complete the following section below in CAPITAL LETTERS

SURNAME: FIRST NAME:
NAME OF ORGANIZATION:
POSTAL ADDRESS:
SUBURB: POST CODE:
TEL: Fax:
Email address:

Please indicate below which session/s you wish to attend (All fees include GST):

TCN 1	<input type="checkbox"/>	Date:	Fee \$350.00
TCN 2	<input type="checkbox"/>	Date:	Fee \$250.00
TCN 3	<input type="checkbox"/>	Date:	Fee \$350.00
TCN 4	<input type="checkbox"/>	Date:	Fee \$350.00
TCN 5	<input type="checkbox"/>	Date:	Fee \$350.00
TCN 6	<input type="checkbox"/>	Date:	Fee \$350.00
(Morning and afternoon tea will be provided)			Total \$

PAYMENT DETAILS: (You will not be registered until payment has been received)

Debit my credit card AUD \$..... Card type (circle) Visa/MasterCard

Cardholder's Name (please print):

Card Number: _ _ _ _ _ / _ _ _ _ _ Exp Date: _ _ / _ _

Cardholder's Signature:

Cheques should be made payable to: Dr Akram Omeri

Please return completed form to:

Dr Akram Omeri, PO Box 4046, HOMEBUSH SOUTH, NSW 2140

Fax: (02) 97469455 Email: Akram.Omeri@gmail.com

Please be advised:

- Cancellations prior to two weeks of each session will receive a 50% refund of the total costs paid. Cancellations within two weeks (less than 14 days) of each session will not be refunded.
- Once payment is made, this form becomes a TAX INVOICE (ABN 50 760 187 587). Please retain a copy for your files.

HOW TO GET TO: 14 RAILWAY PARADE, BURWOOD NSW 2134

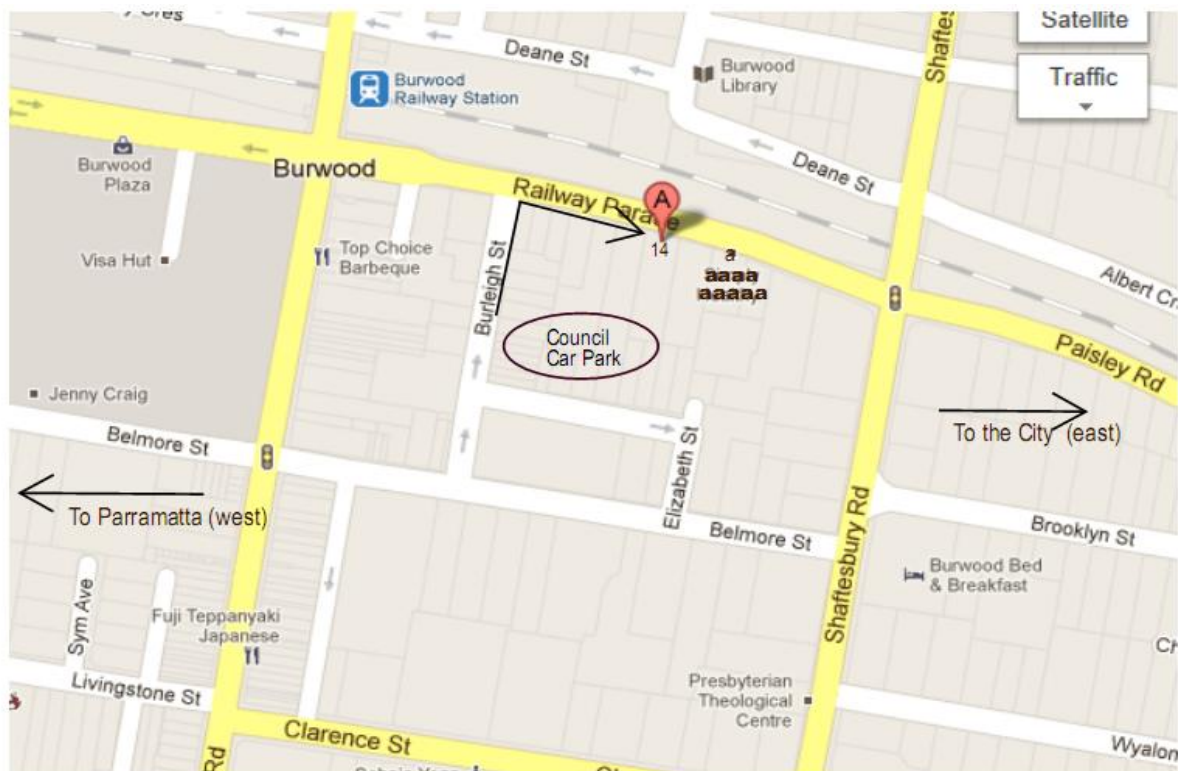
By train: there are frequent trains to Burwood Station via city: Upon exit make a left hand turn to Burwood road, left again to Railway Parade, Burwood. 14 Railway Parade is on the right hand side (5 min walk).

By car: Burwood Council parking is available off Burleigh & Elizabeth street. The cost is \$12:00 for a full day.

The following Map guides you to the address and the Parking area.

Please do not hesitate to call: Dr Akram Omeri on:

Tel: (02) 8987-4530 or **Mobile:** 0403 761488



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